

Height (Feet)	Height (Inches)	Quility Level Term Weight (Lbs)					
		Min Weight	Elite	Preferred	Select	Standard	Underweight (Standard)
4' 8"	56	76	111	138	160	187	76 to 84
4' 9"	57	79	115	143	166	194	79 to 87
4' 10"	58	82	119	148	172	200	82 to 90
4' 11"	59	85	123	153	178	207	85 to 93
5'	60	88	128	158	184	215	88 to 96
5' 1"	61	90	132	164	190	222	90 to 100
5' 2"	62	93	136	169	196	229	93 to 103
5' 3"	63	96	141	175	203	237	96 to 106
5' 4"	64	100	145	180	209	244	100 to 110
5' 5"	65	103	150	186	216	252	103 to 113
5' 6"	66	106	154	192	223	260	106 to 117
5' 7"	67	109	159	197	229	268	109 to 120
5' 8"	68	112	164	203	236	276	112 to 124
5' 9"	69	116	169	209	243	284	116 to 127
5' 10"	70	119	174	216	250	292	119 to 131
5' 11"	71	122	179	222	258	301	122 to 135
6'	72	126	184	228	265	309	126 to 139
6' 1"	73	129	189	234	272	318	129 to 143
6' 2"	74	133	194	241	280	327	133 to 147
6' 3"	75	137	200	248	288	336	137 to 151
6' 4"	76	140	205	254	295	345	140 to 155
6' 5"	77	144	210	261	303	354	144 to 159
6' 6"	78	148	216	268	311	363	148 to 163
6' 7"	79	151	221	275	319	372	151 to 167
6' 8"	80	155	227	282	327	382	155 to 172
BMI		17	25	31	36	42	18.9